



POQUOSON CITY PUBLIC SCHOOLS – Office of Student Services

1033 Poquoson Avenue, Poquoson, Virginia 23662 (757)868-3050 Fax (757) 868-0043

School Health Advisory Board (SHAB) Meeting Agenda

February 9, 2021

2:15-3:00 p.m.

Virtual: meet.google.com/ath-pqgm-gnk

Focus on nutrition and physical activity, and maintaining healthy habits for students and staff

I. Welcome and Introductions – Ashley Reyher

Members Present:

Ashley Reyher, Director of Student Services

Steve Pappas, Executive Director of Operations

Tina Woolf, Aramark/Food Services

Barbara Riggins, School Nurse Coordinator

Marilou Wilder, Thomas Nelson Community College Nursing Instructor

Karen Gangitano, Peninsula Health District

II. Food Services update –Steve Pappas & Tina Wolf

Mr. Pappas and Ms. Wolf provided an update from Food Services. The grab 'n go service continues at PMS and PHS where free breakfast and lunch is available to all students. Families continue to benefit from food distribution that occurs twice weekly via pick-up at the Primary School. This is serving close to 300 families. Mr. Pappas provided an update on recent monitoring of Food Services practices where all were found in compliance.

III. School Reopening Update: Health Mitigation Strategies– Ashley Reyher

Dr. Reyher provided an update regarding the continued health mitigation strategies such as physical distancing, handwashing, and cleaning and disinfecting that is happening at the schools. There were important to emphasize as secondary schools welcomed back the final groups of students to attend school in person through a hybrid model in December. Schools have all received individual sprayers for their use whenever sanitation is needed. The first round of the COVID-19 vaccine has also been offered to all employees through partnership with the City of Poquoson, Peninsula Health District, and City of Hampton. Staff are on schedule to receive the second dose at the four week interval from their first. Vaccination efforts are critical to our school reopening plan and our school nurses were able to assist as vaccinators after having undergone required immunization training. Their efforts are appreciated.

IV. Wellness Report from the Division – Ashley Reyher

Schools and the division continue to emphasize mental and physical wellness through weekly newsletters and school-sponsored activities. These are looking to increase this spring as the weather is conducive to more opportunities for exercise for students and staff.

V. Nurses' Report – Barbara Riggins

Ms. Riggins provided the school nurses' report. The nurses have hosted students from TNCC who are completing their clinical rotation in our schools. These students will also help with remaining vision and hearing screening that needs to be completed for our 7th and 10th graders, including those who are learning virtually. Teachers who were due for licensure renewal participated in CPR/AED and First Aid training at the end of January. PCPS is planning for the digital mammography van to be on site for staff this spring. This is an annual prevention effort.

VI. SHAB meeting schedule for 20-21

- Remaining meeting dates: April 13th, 2:15 p.m.

For anyone wanting to join the SHAB meeting, including members of the public, please use the google meet link below. Meetings during the 2020-2021 school year are held virtually.

Meeting Link: meet.google.com/izd-jypg-idy