



May 2024

POQUOSON HIGH SCHOOL | BREAKFAST MENU

MON	TUES	WED	THURS	FRI
		¹ Sausage Biscuit	² Grape Crescent	³ Country Chicken & Cheese Biscuit
⁶ French Toast Sticks	⁷ Mini Cinnamon Rolls	⁸ Country Chicken Biscuit	⁹ Blueberry Mini Waffles	¹⁰ Cheesy Ham Biscuit
¹³ Sausage Biscuit	¹⁴ Breakfast Pizza	¹⁵ Egg & Cheese Biscuit	¹⁶ Apple Frudel	¹⁷ Strawberry Cream Cheese Bagel
²⁰ Bacon, Egg, & Cheese Biscuit	²¹ Maple Mini Waffles	²² Sausage Biscuit	²³ Pancake Wrap	²⁴ Country Chicken & Cheese Biscuit
²⁷ NO SCHOOL	²⁸ Cinnamon Rush French Toast Sticks	²⁹ Egg & Cheese Biscuit	³⁰ Apple Frudel	³¹ Cheesy Ham Biscuit

Menus are subject to change.

Served Daily:

Assorted Cereals
Assorted Muffins
Poptarts
Yogurt
String Cheese
Goldfish Grahams

Powering
potential.™



All Breakfast Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk



This institution is an equal opportunity provider.