



May 2024

POQUOSON MIDDLE SCHOOL | BREAKFAST MENU

Served Daily:

Assorted
Cereals

Muffins

Poptarts

Breakfast Bars

Yogurt

Powering
potential.™



MON	TUES	WED	THURS	FRI
		¹ Cinnamon Donut	² Breakfast Pizza	³ Berry French Toast
⁶ Apple Frudel	⁷ Mini Cinnamon Rolls	⁸ Country Chicken Biscuit	⁹ Blueberry Waffles	¹⁰ Turkey Pancake Wrap
¹³ Mini Cinnamon Rolls	¹⁴ Breakfast Pizza	¹⁵ Egg & Cheese Biscuit	¹⁶ French Toast Sticks	¹⁷ Cinnamon Donut
²⁰ Berry French Toast	²¹ Maple Mini Waffles	²² Confetti Pancakes	²³ Turkey Pancake Wrap	²⁴ Mini Strawberry Cream Cheese Bagel
²⁷ NO SCHOOL	²⁸ Cinnamon Rush French Toast	²⁹ Sausage Biscuit	³⁰ Apple Frudel	³¹ Grape Crescents

Menus are subject to change.

All Breakfast Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.