



Poquoson High School Lunch Menu

May 2019

1

Crispy Srirachan Burger
BBQ Bacon Cheddar Chicken Sandwich
Chicken Tenders w/ Dinner Roll

2

Chicken BLT Sub
Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken w/ Dinner Roll

3

Mushroom Swiss Burger
Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken w/ Dinner Roll

6

Chicken Ranch Flatbread
Buffalo Chicken Drumstick w/ Corn Muffin
Chicken Nuggets

7

Chicken Caesar Wrap
Chicken Fried Steak Sandwich
Mini Corn Dog Nuggets

8

Pizza Meatball Sub
Baked Potato w/ Broccoli & Cheese
Chicken Tenders w/Dinner Roll

9

Bacon & Cheddar Melt
Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken w/ Dinner Roll

10

Breaded Honey Mustard Chicken Melt
Rib B Q Sandwich
Chicken Nuggets w/Dinner Roll

13

Breaded Chicken Melt
Hot dog
Chicken Nuggets w/Dinner Roll

14

Chicken Club Melt
Popcorn Chicken Country Bowl
Mini Corn Dog Nuggets

15

Bacon Cheeseburger
Enchilada's w/Spiced Rice
Chicken Tenders w/ Dinner Roll

16

Chicken BLT Sub
Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken w/ Dinner Roll

17

Chicken & Waffles
Fish Bites w/ Mac & Cheese
Chicken Nuggets w/ Dinner Roll

20

Pork Rib BQ Sandwich
Chicken Fried Steak Sandwich
Chicken Nuggets w/Dinner Roll

21

Chicken Sliders
Max Snax Pizza Sticks
Mini Corn Dog Nuggets

22

Pittsburgh Style Chicken Sandwich
Chicken Tenders w/ Dinner Roll
Taco Burger

23

Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken w/ Dinner Roll
Chicken, Bacon, Cheddar Melt

24

Pork BBQ Sandwich w/ slaw
Chicken Nuggets w/ Dinner Roll
Breaded Honey Mustard Chicken Melt

27



28

Chicken Ranch Club Flatbread
Lasagna w/Garlic Bread
Mini Corn Dog Nuggets

29

Country Chicken Nugget Bowl
Chicken Tenders w/ Dinner Roll
Bacon Cheeseburger

30

Breaded Mozzarella Sticks w/ Marinara Sauce
Popcorn Chicken w/ Dinner Roll
Jerk Chicken and Cheddar Flatbread

31

Chicken and Spicy Maple Waffles
Fish Patty Melt
Chicken Nuggets w/ Dinner Roll

Served daily...

Made to order Asian, Pasta or Waffle Bar, Nacho Bar, Deli Sandwiches. Cheeseburgers, Spicy Chicken and Chicken Filet Sandwiches & Strawberry Parfait

Nutrition news...

Milk selection includes 1%, skim white, chocolate and strawberry and Lactaid. All grain products offered are whole grain rich. Fresh, frozen, canned fruits and vegetables are offered daily! 100% juice offered daily.