




May

2019

Poquoson Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Ham & Cheese Wrap Vegetarian Fried rice w/Egg Roll Chicken Tenders w/Dinner Roll Chicken Patty Sandwich Cheeseburger	2 Bacon & Cheese Melt Nachos Popcorn Chicken w/ Dinner Roll Spicy Chicken Patty Sandwich Swiss Burger Baja Chicken Salad	3 Honey Mustard Chicken Wrap Fish Patty Melt Beef Tenders w/ Dinner Roll Chicken Filet Sandwich Cheeseburger Nacho Salad	Special News... Also Offered Daily: Cheese or Pepperoni Pizza And a selection of fresh market salads. A selection of fresh, frozen, & canned fruits, 100% fruit juice, and a variety of vegetables. A selection of condiments. Milk selection includes 1%, skim white, chocolate and strawberry and Lactaid. All grain products offered are whole grain rich. <small>Menus are subject to change without notice.</small>
6 Chicken BLT Sub Buffalo Chicken Drumstick w/Corn Muffin Chicken Nuggets W/Dinner Roll Chicken Patty Sandwich Cheeseburger Cobb Salad	7 Asian Chicken Wrap Chicken Parmesan Mini Corn Dog Nuggets Spicy Chicken Sandwich BBQ Burger Chicken Caesar Salad	8 BBQ Chicken & Cheddar Flatbread Baked Potato w/ Broccoli & Cheese Chicken Tenders w/ Dinner Roll Chicken Patty Sandwich Cheeseburger All American Chef Salad	9 Turkey & Cheese Sub Nachos Breaded Mozzarella Sticks w/ Marinara Sauce Spicy Chicken Sandwich Bacon Cheeseburger Popcorn Chicken Salad	10 Popcorn Chicken Parmesan Flatbread Vegetarian Fried rice w/ Egg Roll Beef Tenders w/ Dinner Roll Chicken Filet Sandwich Cheeseburger Chicken Nacho Salad	
13 Chicken Caesar Wrap Hot Dog Chicken Nuggets Chicken Patty Sandwich Cheeseburger Italian Ham Salad	14 All American Sub Popcorn Chicken Bowl Mini Corn Dog Nuggets Spicy Chicken Patty Pizza Burger Chicken Caesar Salad	15 Chicken Ranch Club Sandwich Ravioli w/Marinara Sauce Chicken Tenders Chicken Patty Sandwich Cheeseburger Ham Chef Salad	16 Cheesy Panini Nachos Popcorn Chicken Spicy Chicken Patty Swiss Burger Turkey Chef Salad	17 Philly Cheesesteak Fish Bites w/Mac & Cheese Beef Tenders Chicken Filet Sandwich Cheeseburger Taco Salad	
20 Chicken BLT Sub Chicken Fried Steak Sandwich Chicken Nuggets Chicken Patty Sandwich Cheeseburger All American Cobb Salad	21 Asian Chicken Wrap Max Snax Pizza Sticks Mini Corn Dog Nuggets Spicy Chicken Patty Sandwich BBQ Burger Chicken Caesar Salad	22 BBQ Chicken & Cheddar Flatbread Orange Popcorn Chicken w/Broccoli Chicken Patty Sandwich Chicken Tenders All American Chef Salad	23 Ham & Cheese Sub Nachos Popcorn Chicken w/ Dinner Roll Spicy Chicken Patty Bacon Cheeseburger Popcorn Chicken Salad	24 Popcorn Chicken Parmesan Pork Rib B Q Beef Tenders w/ Dinner roll Chicken Filet Sandwich Cheeseburger Chicken Nacho Salad	
27 	28 All American Sub Hot Dog on Bun Chicken Tenders Spicy Chicken Patty Sandwich Pizza Burger Chicken Caesar Salad	29 Chicken Ranch Club Flatbread Chicken & Waffles Strawberry Parfait Chicken Patty Sandwich Cheeseburger Ham Chef Salad	30 Cheesy Panini Beef Nachos Breaded Mozzarella Sticks w/ Marinara sauce Spicy Chicken Sandwich Swiss Burger Turkey Chef Salad	31 Philly Cheesesteak Pork Rib BQ Beef Tenders w/Dinner roll Chicken Filet Sandwich Cheeseburger Taco Salad	

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Special News...

Try our daily featured deli sandwich and have it toasted on our Panini grill! Just ask your server!

