



Poquoson Primary School

May 2019
LUNCH

May is National Salad Month.... Check out all the salad offerings on this months menu!

Nutrition info...

Served daily: A selection of fresh fruit, canned fruit, and 100% assorted fruit juices. 1% white milk, flavored skim milk, and lactose-free milk are also available.

All grains offered are whole grain.



6
Breaded Chicken Drumstick w/Corn Muffin
Turkey & Cheese Wrap
Egg Chef Salad

13
Chicken Patty Sandwich
All American Sub
Turkey Chef Salad

20
Rib B Q Sandwich
Max Snax Pizza Sticks w/ Marinara Sauce
Egg Chef Salad



7
Cheese Pizza Pepperoni Pizza
Mini Corn Dog Nuggets
Chicken Caesar Salad

14
Cheese Pizza Pepperoni Pizza
Mini Corn Dog Nuggets
Chicken Caesar Salad

21
Cheese Pizza Pepperoni Pizza
Ham & Cheese Wrap
Chicken Caesar Salad

28
Cheese Pizza Pepperoni Pizza
Hot Dog on Bun
Chicken Caesar Salad

1
Breaded Mozzarella Sticks w/Marinara Sauce
Popcorn Chicken
All American Cobb Salad

8
Baked Potato w/ Broccoli, Cheese & Pretzel
Popcorn Chicken w/ Dinner Roll
All American Cobb Salad

15
Cheeseburger
Popcorn Chicken Country Bowl w/Dinner Roll
Popcorn Chicken Salad

22
Mini Corn Dog Nuggets
Chicken Nuggets w/ Dinner Roll
Turkey & Cheese

29
Chicken & Waffles
Strawberry Parfait w/ Cinnamon Pretzel
All American Chef Salad

2
Nachos
Chicken Patty Sandwich
Egg Chef Salad

9
Cheeseburger Breaded Mozzarella Sticks w/Marinara Sauce
Tossed Salad w/ Cheese

16
Hot Dog on Bun
Ranch Chicken Wrap
Ham Chef Salad

23
Popcorn Chicken w/Dinner Roll
Beef Nachos
Mexican Spiced Rice
Chicken Popcorn Salad

30
Spaghetti & Meat Sauce
Beef Tenders w/Dinner roll
Tossed Salad

3
Cheese Pizza Pepperoni Pizza
Grilled Bacon & Cheese Sandwich
Taco Salad

10
Cheese Pizza Pepperoni Pizza
Ham & Cheese Melt
Nacho Salad

17
Cheese Pizza Pepperoni Pizza
Breaded Fish Bites w/Macaroni & Cheese
Beef Taco Salad

24
Cheese Pizza Pepperoni Pizza
Pork BBQ Sandwich
Baja Chicken Salad

31
Cheese Pizza Pepperoni Pizza
Fish Patty Melt
Nacho Salad

