



POQUOSON CITY PUBLIC SCHOOLS – Office of Student Services

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School Health Advisory Board (SHAB) Meeting Agenda

April 13, 2021

2:15-3:00 p.m.

Virtual: meet.google.com/izd-jypg-jdy

Focus on nutrition and physical activity, and maintaining healthy habits for students and staff

I. Welcome and Introductions – Ashley Reyher

Members Present: Dr. Ashley Reyher, Director of Student Services
Steve Pappas, Executive Director of Operations
Dr. Barbara Wood, Poquoson Elementary Principal
Tina Wolf, Food Services
Marilou Wilder, Thomas Nelson Community college
Barbara Riggins, PCPS Nurse Coordinator

II. Food Services update –Steve Pappas & Tina Wolf

Ms. Wolf provided an update from Food Services. As the division has welcomed back students on increased days, Food Services continues to provide breakfast and lunch. Food pickup for families continues as well. Food Services recently completed a triennial assessment for the Virginia Department of Education. The division's Wellness Policy will be reviewed and revised in the Summer of 2021 leading into the fall of next school year. A wellness committee at each school will begin meeting next week that consists of administration, a PE teacher, the school nurse, and cafeteria staff to discuss the ongoing wellness efforts.

III. School Reopening Update: Health Mitigation Strategies– Ashley Reyher

Dr. Reyher spoke about the latest phase of the School Reopening plan which was to bring back all continuum students four days a week. This took extensive planning on the part of administrators and teachers to make arrangements for things such as arrival and dismissal, eating at safe distances apart, etc. Health mitigation strategies continue. Dr. Wood and Nurse Riggins reported that this transition has gone well at each respective school. Students have returned to eating in the cafeteria at PES with sanitizing protocol in place. At PPS students take part in moving their desks to ensure appropriate physical distance while eating, learning that "blue dot is to learn, yellow dot is to eat."

IV. Wellness Report from the Division – Ashley Reyher

Dr. Reyher discussed the continued wellness efforts that are supported throughout the division, including Wellness Wednesdays. The school and division Virginia Tiered System of Supports teams will be recognizing resilience week in May as a part of social-emotional wellness efforts. The division's partnership with the City of Hampton, City of Poquoson, and Virginia Department of Health has allowed for continued vaccination efforts, with vaccines most recently being offered to family members of PCPS staff and now, the greater community. Dr. Reyher thanked the school nurses for their participation in the vaccination clinics.

V. Nurses' Report – Barbara Riggins

Nurse Riggins reported that the nurses thoroughly enjoyed assisting with vaccines and working the clinics at the Hampton Roads Convention Center. The mammogram van has been rescheduled for May 12th to maximize who can participate while being far enough out from their second vaccine to avoid a false reading. Nurse Riggins thanked the Thomas Nelson nursing students for their assistance in completing the mandatory health screenings. PPS, PES, and PHS are done. PMS is in the process of finishing up. Virtual students were able to sign up for screenings utilizing sign-up genius. Karen Gangitano from the Peninsula Health District was unable to attend the meeting due to assisting with vaccines, but did provide information about the routine childhood vaccination appointments (e.g., those needed for school entrance) that are available through the Health Department. The contact number is 757-594-7410.

VI. Planning for SHAB 2021-2022 School Year

The team discussed membership of SHAB for 2021-2022. The committee is looking for a parent representative and will work to confirm representation from Poquoson Parks and Recreation. Members were in agreement that the virtual format should continue.