

School Health Advisory Board (SHAB) Meeting Agenda



Date: October 10, 2024

Time: 8:30 am - 9:30 am

Location: PES Room D200

Participant Names: Heather Worthen, Andrew Roberts, Keeley Sullivan, Tina Wolf, Jennifer Foglia, Irene Winchester

Welcome and Introductions

Updates

- 1) **PHS PE Department Update** - Fall Sports are in full swing.
- 2) **Addition of Mental Health Team Member**- Hailey Wierzba
- 3) **Food Service Update** - Tina Wolf
 - Aramark is introducing the Allergens framework to support students with food allergies and help the food service staff make sure students make appropriate food choices. This is still in process-more information forthcoming.
- 4) **Wellness Committees Update** - Tina Wolf
 - Each school must have a Wellness Committee. Heather Worthen will address this at the Administrators Meeting this month. Each school must promote healthy activities and options for staff and students. This is done regularly in the buildings (like Jump Rope for Heart, Walking Club, etc.) but needs to be documented. Tina Wolf will also be reaching out to each Principal to further discuss the committees.
- 5) **Plan for the Year** - Heather Worthen
 - Mammogram Van-April Event
 - Wellness Fair- Set the Date! – The team would like an April date. Heather Worthen will discuss this at the next Administrative Meeting. The team needs to set a date and create a committee.
 - Employee Wellness Promotion – Monthly emails with a health/wellness focus. Does anyone have any ideas?

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6) **Nurses' Report** – Nurse Jennifer Foglia

- Employee Flu and Covid Shot Clinic on 10/16/24
- Nursing students assisting with student screenings
- Stericycle Contract- Sharps solution
- Recruit a medical professional for the team

7) **Substitute Nurse Update** – Heather Worthen

- PCPS currently has 1 substitute Nurse. The division has increased the pay for nurses to be able to better recruit

8) **Next Steps/Action Items**

- Continue to put in place the new Allergen plan
- Set up a Wellness Committee in each school
- Set up a Wellness Fair Committee and choose a date
- Focus on Employee health and wellness

9) **2024-2025 Meeting Dates- Participation is open to all community members**

- October 10, 2024
- December 5, 2024
- February 18, 2025
- April 24, 2025