



Local School Wellness Policy: Triennial Assessment Tool 2024

School Division:

Poquoson City Public Schools

Wellness Policy Contact Name and Email:

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Wellness Policy can be found at:

[Wellness-Policy.ashx \(schooldish.com\)](#)

Triennial Assessment can be found at:

[Wellness Education - Poquoson City Schools Dining \(schooldish.com\)](#)

Every three years the divisions must conduct an assessment of the Local School Wellness Policy and make it available to the public. That assessment must address:

- compliance with the division Local School Wellness Policy,
- how the policy compares to the model Wellness Policy, and
- progress made in attaining the goals of the Wellness Policy.

Please visit the [Virginia Department of Education, Office of School and Community Nutrition Programs \(VDOE-SCNP\) website](#) for all tools and resources to help you complete your Triennial Assessment.

When finalized, please forward this Triennial Assessment or a link to its location to Katy Harbin, Nutrition and Wellness Specialist, at Katy.Harbin@doe.virginia.gov.

Wellness Policy Requirements

Category	Requirement	Fully in place	Partially in place	Not in place	Action Taken Toward Goals
Policy Leadership	Designate the position or committee responsible for Wellness Policy oversight.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Public Involvement	Notify the public of their ability to participate in the development, implementation, and review.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
School Meals	Serve school meals that follow USDA-FNS meal regulations. (7CFR210.10 and 7CFR220.8)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Foods Sold Outside of School Meals Program	Sell only USDA’s Smart Snacks compliant foods and beverages outside of the school meals program.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Foods Provided, Not Sold	Specify division guidelines for foods provided, not sold, including at celebrations, given as rewards, or classroom snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Click or tap here to enter text.

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Food and Beverage Marketing	Market only products that adhere to the USDA-FNS Smart Snacks rule.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Nutrition Education	Include at least one evidence-based goal for nutrition education.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	The division Wellness committee will meet in the 25 SY to update the policy and align the written plan with the practice and the newly required Evidence-Based Goal
Nutrition Promotion	Include at least one evidence-based goal for nutrition promotion.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	The division Wellness committee will meet in the 25 SY to update the policy and align the written plan with the practice and the newly required Evidence-Based Goal
Physical Education/Activity	Include at least one evidence-based goal for physical education and/or physical activity.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	The division Wellness committee will meet in the 25 SY to update the policy and align the written plan with the practice and the newly required Evidence-Based Goal
Other Activities that Promote Student Wellness	Include at least one evidence-based goal for other activities that promote student wellness.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	The division Wellness committee will meet in the 25 SY to update the policy and align the written plan with the practice and the newly required Evidence-Based Goal
Triennial Assessment	Complete a Triennial Assessment and notify the public.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Public Update and Information	Specify how the public will be informed about content and implementation.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.

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Compliant Fundraisers	Permit only USDA-FNS Smart Snacks compliant food and beverage fundraisers. LEAs may choose to allow up to 30 school-sponsored fundraisers per site per school day to be exempt from the Smart Snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Fundraiser Times	Disallow food or beverage fundraisers during meal times.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Fundraiser Designee	Designate an individual to monitor all food and beverage fundraisers. This designee shall not be school nutrition personnel.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
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Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.

Additional Notes:

Click or tap here to enter text.

How does your policy compare to the model policy?

Poquoson's Wellness Policy does not incorporate evidence-based goals which are a new requirement. This will be addressed in the 24-25 SY

Note progress made towards wellness goals:

Click or tap here to enter text.