



April 2024

POQUOSON HIGH SCHOOL | BREAKFAST MENU

MON	TUES	WED	THURS	FRI
¹ NO SCHOOL	² NO SCHOOL	³ NO SCHOOL	⁴ NO SCHOOL	⁵ NO SCHOOL
⁸ Sausage Biscuit	⁹ Breakfast Pizza	¹⁰ Egg & Cheese Biscuit	¹¹ Apple Frudel	¹² Strawberry Cream Cheese Bagel
¹⁵ Bacon, Egg, & Cheese Biscuit	¹⁶ Maple Mini Waffles	¹⁷ Sausage Biscuit	¹⁸ Pancake Wrap	¹⁹ Country Chicken & Cheese Biscuit
²² Cinnamon Donut	²³ Cinnamon Rush French Toast	²⁴ Egg & Cheese Biscuit	²⁵ Apple Frudel	²⁶ Cheesy Ham Biscuit
²⁹ Bacon, Egg, & Cheese Biscuit	³⁰ Cinnamon Donut			

Menus are subject to change.

Served Daily:

Assorted Cereals

Assorted Muffins

Poptarts

Breakfast Bars

Yogurt

String Cheese

Graham Crackers

Powering
potential.™



All Breakfast Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk



This institution is an equal opportunity provider.