



April 2024

POQUOSON MIDDLE SCHOOL | BREAKFAST MENU

Served Daily:

Assorted
Cereals

Muffins

Poptarts

Breakfast Bars

Yogurt

Powering
potential.™



MON	TUES	WED	THURS	FRI
¹ NO SCHOOL	² NO SCHOOL	³ NO SCHOOL	⁴ NO SCHOOL	⁵ NO SCHOOL
⁸ Cini Mini Roll	⁹ Breakfast Pizza	¹⁰ Egg & Cheese Biscuit	¹¹ Apple Frudel	¹² Cinnamon Donut
¹⁵ Berry French Toast	¹⁶ Maple Mini Waffles	¹⁷ Confetti Pancakes	¹⁸ Pancake Wrap	¹⁹ Mini Strawberry Cream Cheese Bagel
²² Blueberry Bread	²³ Cinnamon Rush French Toast	²⁴ Sausage Biscuit	²⁵ Apple Frudel	²⁶ Grape Crescent
²⁹ Blueberry Mini Waffles	³⁰ Confetti Pancakes			

Menus are subject to change.

All Breakfast Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk



This institution is an equal opportunity provider.